

## Head for the Hill Conference 2022

Friday November 4<sup>th</sup>



**Lunch Buffet Opens at Noon**

1p	<p><b>Summer Sage, BS, MA</b> Rural Disability Advocate <i>Patient Voices</i></p>	<p><b>How to talk so patients will listen, how to listen so patients will talk</b></p> <ul style="list-style-type: none"> <li>• Why trust is broken between patients and providers</li> <li>• How to build a bridge to trust between patients &amp; providers</li> <li>• What an interdisciplinary plan means to the patient</li> </ul>
2p	<p><b>Kenda Sutton-El</b> Executive Director <i>Birth in Color RVA</i></p>	<p><b>Maternal &amp; Infant Health in Communities of Color: how systemic racism affects outcomes</b></p> <ul style="list-style-type: none"> <li>• Racism can take many forms</li> <li>• The proper way to be an ally</li> <li>• How many biases are there</li> <li>• How to combat structural racism within your job</li> </ul>
3p	<p><b>Marybeth Babos, MS</b> PharmD, BCPS <i>DeBusk College of Medicine</i></p>	<p><b>What's in their Medicine Cabinet? An overview of commonly used botanicals and supplements</b></p> <ul style="list-style-type: none"> <li>• List 10 most common supplements and their touted uses</li> <li>• Recognize supplement and prescription drug interactions</li> <li>• Cite evidence that supports benefits and/or harms of selected supplements</li> <li>• Current theories regarding CBD &amp; cannabis pharmacology</li> <li>• List common barriers hindering patient-provider communication about supplement use</li> </ul>
4p	<p><b>Melissa Zook, MD, FAAFP, FASAM, HIV-S</b> Family Physician <i>London Women's Care London, Kentucky</i></p>	<p><b>Just Getting Broke In: Doctoring in Small Town Appalachia</b></p> <ul style="list-style-type: none"> <li>• Dispelling myths and misperceptions about rural practice</li> <li>• Keys to building strong a physician-patient relationship</li> <li>• Recognizing your growing competency and comfort level</li> <li>• Setting boundaries and pacing for a career, not a rotation</li> <li>• Why pragmatism is more important than perfection</li> <li>• Difference between skills and knowledge and why it matters</li> </ul>



**Mixer 5-7 pm**

*Enjoy a beverage and bountiful horderves on us while you network with others in the medical field. Then take your conversation to dinner in town, or head home at your leisure.*

**Saturday, November 5<sup>th</sup>**



**Breakfast Plates Served at 8:00 am**

8a	<b>Jackson Threet, DMD w/ Brian Newberry, DO</b> Norton IM Residency Director	<b>Dentition and Diabetes</b>  The clinician will understand the effects of diabetes on the periodontium and oral health.
9a	<b>Threet and Newberry</b>	<b>Opioid Alternatives for Odontogenic Pain</b>  The clinician will understand signs and symptoms of odontogenic pain and its management.
10a- 12p	<b>Joyce Troxler</b> ETSU Addiction Medicine Fellowship Program Director <i>(company TBA)</i>	<b>Opioids: The Good, The Bad, and the Latest in Best Practice</b>  Joyce Troxler leads a panel on DATA 2000 waiver and training, prescription guidelines, and weaning patients from pain meds: bring your questions for an extended Q&A session. <ul style="list-style-type: none"><li>• How to get a DATA 2000 waiver</li><li>• The difference between chronic pain management and SUD</li><li>• Risk assessment for long-term opioid use</li></ul>



**Boxed Lunches will be Available**