

**25th Annual 'Head for the Hills' CME Conference
October 25-26, 2024
Breaks Interstate Park**

Thursday, Oct 24

6:00 - 8:30 PM	RECEPTION FOR RESIDENTS
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Friday, Oct 25

8:00 AM	Anthony Baffoe-Bonnie, MD, FIDSA Chief of Section of Infectious Diseases, Associate Professor of Medicine - <i>Virginia Tech Carilion School of Medicine</i> Medical Director of Infection Prevention & Control - <i>Carilion Clinic</i>	Mpox and Routine Care: Incorporating Mpox Risk Assessment & Patient Management into Routine Primary Care <i>Mpox continues to be present in the US and in Virginia. This talk will review the epidemiology of Mpox in the US and share strategies that the primary care provider can use to identify at risk patients and improve linkage to effective vaccination.</i>
9:00 AM	Amy Harden, MD Angela Prater, LCSW <i>Virginia Mental Health Access Program</i>	Mental Health in Primary Care Patient Encounters <i>Will focus on how to engage with patients to open discussions on mental health in a way that normalizes that interaction. The goal is making patients more comfortable in talking with their providers and increasing the ability to have an impact on their mental health.</i>
10:00 AM	Neal Graham, M.Ed. <i>Executive Consultant - RNG Consulting</i>	Impacts of the Pandemic on Medical Practices <i>The impact of the COVID19 pandemic on the world of medical practice is now being evaluated. Research is providing some insights as to how primary and specialty care, hospitals and long-term care facilities reacted and how those reactions were applied, including exposing existing shortages of resources and means of response in rural areas.</i>
11:00 AM	Mariana Gomez, MD <i>Infectious Diseases - Carilion Clinic</i> Assistant Professor of Medicine - <i>Virginia Tech Carilion School of Medicine</i>	Hep C Infection in the Appalachian Region: An Update for Primary Care Providers <i>Provides an update to clinicians about the latest guidelines of HCV screening, diagnosis and treatment, as well as the state of HCV infection in our region.</i>

**Friday Afternoon Walk/Herbal Supplements Game with optional CME's
Friday Night Entertainment: Murder Mystery, Bonfire, Smores, Ghost Stories**

Saturday, Oct 26

8:00 AM		Resident Panel: Faith Traditions and Coping Strategies <i>Residents from regional minority religions discuss practicing medicine and their faith tradition simultaneously in Southwest Virginia.</i>
9:00 AM	MaryBeth Mitcham, PhD, MPH <i>Director - George Mason University Rural Public Health MPH</i>	My Mother, My Patient: Navigating an elderly parent through a healthcare system when you know too much <i>When you are a healthcare professional caring for an aging parent, how can you best partner with the provider and prioritize the parent? This session discusses caregiving from both sides of the desk, including tips for clinicians dealing with confused patients and frightened family.</i>
10 AM - 12 PM	Arthur Ollendorff, MD Vice President of Academic Affairs, Associate Dean of Graduate Medical Education, Professor - Departments of OB/GYN & Health Systems and Implementation Science - <i>Virginia Tech Carilion School of Medicine</i> Melinda Ramage, MSN, FNP-BC, CARN-AP, LCAS Opioid Treatment Program Clinical Provider - <i>Behavioral Health Group Asheville, NC</i> OBGYN Research Faculty - <i>Mountain Area Health and Education Center</i>	Issues in Addiction Medicine: Psycnostimulant Withdrawal & CDC Guidelines for Pain Management <i>Proper prescribing practices are important in the management of acute and chronic pain as well as for mental health conditions. How to effectively modify dosing of opioids and psychostimulant medication and how to best transition to other medications are commonly seen in primary care. These issues will be addressed in a panel discussion format.</i>